



## ***From the Chief Executive Officer, Bob Lieberman***

During the holiday season in 1977 the clients, staff, and founding board of Southern Oregon Adolescent & Treatment Center got together at the home of George Baker, founding president, and sang Christmas carols. Now, 35 years later we would need an auditorium to house all of the youth, young adults, and families we serve along with 135 staff and our Board.

We have grown a great deal over the years, especially in the last several. In the past year specifically we have initiated a program called Relationship-based Visitation in Coos County and also expanded the School Community Team to the North Bend School District. We have increased our treatment foster care capacity in the Rogue Valley and have purchased property to develop a residential treatment home for young adults in Eugene, having been the successful bidder on a Request for Proposals at the end of last year. We have also successfully negotiated to acquire property on Nebraska Avenue, around the corner from our Ramsey campus, to develop a campus that will house our Community Services Program and a new specially designed facility for New Beginnings, our psychiatric residential program. Inside this newsletter you will find more details about the some of the exciting things going on in the agency.

During this time of growth we have maintained our focus on quality, accountability, and continuous improvement. We've implemented a Total Clinical Outcomes Management system through which we use a nationally/internationally recognized tool to measure progress from month to month. We've enhanced our organizational capacity and, of course, we've changed our name to Kairos, in keeping with our 35 year philosophy that each moment creates an opportunity for change, and therefore that each moment has inherent therapeutic meaning and potential. These developments have been made possible through careful and thoughtful work by all of our staff and outstanding leadership from our Board in stewarding our resources and responding to the needs that we are asked to help meet. At a time when the increasing stresses of our daily world are making things more difficult for families and children, we are able to help them find hope and solutions.

It is hard to imagine that we would have been able to have accomplished this without the ongoing and strong support of the communities we serve and support. In short, you make it all possible. So we look forward to the New Year with hope and belief in our ability to become ever more effective in what we do. And we ask that you once again consider supporting us during this holiday season, with your awareness of the importance of the work we do, your best wishes, and, to the degree you can, a donation or financial contribution. Thank you so much for your support of the important work that supports children and families facing mental and behavioral challenges.

## New Beginnings

### Summer Prevocational Work Study / Community Volunteer Program 2012

Each year at Kairos our youth residential program engages the clients in a Prevocational Work Study Project. This program teaches the youth life skills, job skills, and helps maintain their academic progress. They are paid a stipend for their work in the community while learning daily work skills and the value of volunteering in the community.

The youth from New Beginnings had a very busy and productive summer volunteering at the Josephine County Animal Shelter, Rogue Valley Humane Society and the Josephine County Food Bank Rapture Farm. Fifteen youth volunteered 295 hours in the community, harvested 27,000 pounds of food, and socialized numerous cats and dogs!

#### Josephine County Animal Shelter = 97.5 hours worked

The youth helped at the shelter by walking dogs and cleaning cat cages and litter boxes.

#### Rogue Valley Humane Society = 45 hours worked

The youth aided by helping with the landscaping, washing the feeding dishes, and cleaning cages and litter boxes.

#### Josephine County Food Bank Rapture Farm = 152.5 hours worked

The youth assisted with weeding and harvesting vegetables and fruits. The youth helped the community harvest 27,000 lbs. of food!



## New Website [www.kairosnw.org](http://www.kairosnw.org)

Please visit our new website at [www.kairosnw.org](http://www.kairosnw.org) to learn more about our agency, explore our services and programs, read exciting agency news, to find information about upcoming events and trainings, or to make a donation.

If you have any questions about the website please email Mary Lynne DeRocher at [mlderocher@kairosnw.org](mailto:mlderocher@kairosnw.org) or by phone at (541)956-4943 ext. 1116.

## Rogue Winterfest

Kairos is proud to partner with Family Solutions and Options for Southern Oregon for the Rogue Winterfest. This is a beautiful five-day Festival held at **Evergreen Federal Bank's Bear Hotel**. Proceeds from the Festival will help thousands of children, adults, teens, and families in need of mental health services in Josephine County.

***This year we celebrate Rogue Winterfest's 10<sup>th</sup> Anniversary!*** The anticipation of this anniversary celebration brings new events and creative enhancements.

Please join us at the Festival and for additional event details please visit [www.roguewinterfest.com](http://www.roguewinterfest.com).

**Gala Event & Grand Tree and Art Auction** *Thursday, December 6*

**The Golden Social** *Friday, December 7*

**Holiday Weekend Event** *Saturday, December 8 and Sunday, December 9*

**Culinary Christmas Classic** *Monday December 10*

## Hope Floats

Hope Floats was held on September 14<sup>th</sup> and it was a beautiful evening and event. About 100 guests enjoyed lovely weather, great music by Lynda Morrison and Mercy, and a gourmet dinner paired with Southern Oregon wines. Guests bought butterflies and made wishes as they were released, in keeping with a native legend that if you make a wish as you release a butterfly, your wish is granted.



The three beneficiary organizations each showed a video about their work. Chris Mecca took a kind and empathic approach to auctioning, apologizing to those being outbid as he effectively brought in higher prices for the vacations and other items, including even well drilling! All told, the event raised close to \$50,000 to be split between the sustaining beneficiaries (Kairos and Women's Crisis Support Team) and this year's featured organization (Josephine County Food Bank). And it ended with great dancing to the rocking music.



Kairos is thankful to the Hellgate Excursions Community Foundation for hosting this amazing event and designating us a beneficiary. The evening of water, wine, and wishes was an entertaining and heartfelt night.

## School Community Team Mentoring Program

Kairos' School Community Team provides services to elementary schools in the Three Rivers, Rogue River, and North Bend School Districts. Included with this program in Three Rivers and Rogue River is a mentoring program that matches at-risk youth with volunteer adult mentors from the community. Michelle Gallas, our Mentor Coordinator, is an outside-the-box thinker who finds creative ways to link people and organizations together.



This summer, Kairos linked with the non-profit organization Pacifica, Josephine County Parks and Recreation, and Parkside Elementary School to offer a Nature Camp for our mentees and other kids from the community. The weeklong camp was designed to open young eyes to some of the wonders of nature through field trips, demonstrations, hands-on learning experiences, scientific observations and journaling. The children loved it! So did the adult mentors who participated.

Research has demonstrated that the presence of a single caring adult in the life of a child can have a huge positive impact, and can offset risk factors. The Mentoring Program, funded through a grant from the Oregon Community Foundation, has proved to be a successful, cost-effective way of connecting caring adults with needy children. If you or someone you know is interested in contributing an hour a week of your time to engage with a child, contact Michelle at 541-226-6684.

## Family Support & Peer Support Specialists

Kairos is pleased to employ a Family Support Specialist and Peer Support Specialists to help our clients and their families navigate the system and plan their treatment. They participate in agency operations and management by interviewing potential staff, leading or serving on agency workgroups, attending leadership committees and agency trainings. They work within the organizational culture to create a family-friendly work environment. They participate on the child and family team meetings to support youth, young adults, and families to ensure the client's voice is being heard. They act as mentors to the families and offer empathetic support through personal contact. The Peer Support Specialists assist in decreasing the feelings of stigma and blame that the clients experience and can help increase the family's ability to learn by helping them gain knowledge and being actively engaged in their child's services.

**RETURN SERVICE REQUESTED**

Kairos  
715 SW Ramsey Avenue  
Grants Pass, OR 97527

Nonprofit Organization  
U.S. Postage  
PAID  
Grants Pass, OR 97526  
Permit No. 111

***We would like to take this opportunity to thank our Board of Directors  
for their time, service, and commitment to our agency.***

- ◆ Monique Guldbeck, President
- ◆ Heidi Huddleston, Secretary/Treasurer
- ◆ Kelsy Ausland, Immediate Past President
- ◆ Paisley Breece, Family Representative
- ◆ David Lorenzen
- ◆ Mark Minnis
- ◆ James Moore
- ◆ Jim Narmore
- ◆ Bob Sitov
- ◆ Jill Smith
- ◆ Nancylee Stewart
- ◆ Dennis Webber
- ◆ DonnaJean Wendle

[www.kairosnw.org](http://www.kairosnw.org)